



AUGUST 23

AT HOME LESSON

BRAVE

BIG IDEA

God can help me overcome difficulty.

THE BIBLE

Esther Adapts to a New Culture: Esther 2, 4;
(Philippians 4:13)

MUSIC | Worship Together

Spend some time in worship with your kids! You can choose any song, but you might want to check out the following:

- [You Will Never Run](#) by Rend Collective
- [Who You Say I Am](#) by Hillsong
- [Brave](#) by Saddleback Kids

PRAYER

After you sing the songs, pray together. Ask God to teach you and open your heart to God's word! Thank God for being with us to make us brave!

ACTIVITY | Tongue Twisters

- Today, we will meet a woman in the Bible who had to do something difficult. First, we will do something that may be difficult for you — tongue twisters.
- Tongue twisters are phrases or sentences that are tricky to say because they all start with the same letter or sound. It gets even trickier when you try to say the tongue twister as fast as you can.
- Here's an example: **She sells seashells by the seashore.** Let's practice it together.
- Here are some more. **Can you say them fast?**
 - If a dog chews shoes, whose shoes does he choose?
 - These thousand tricky tongue twisters trip thrillingly off the tongue.
 - Peter Piper picked a peck of pickled peppers / A peck of pickled peppers Peter Piper picked / If Peter Piper picked a peck of pickled peppers / Where's the peck of pickled peppers Peter Piper picked?



QUESTION | What Makes Someone a Hero?

- **What kind of qualities would someone need to have to be considered a hero?**
- We all have different ideas of what it means for someone to be a hero, but one thing is for sure - a hero is someone who takes risks so that someone else can be safe and have what they need.
- Today, we'll meet a woman in the Bible who was a hero. She was asked to do something difficult and very dangerous to help her people.

THE BIG IDEA | God can help me overcome difficulty.

This will transition you into the Bible story time. Say something like:

- **This week's Big Idea: God can help me overcome difficulty. Let's read the Bible story and see how God helped a woman named Esther become a hero!**

SCRIPTURE | Esther 2, 4

Introduce the story by saying something like:

- **Esther 2 starts with King Xerxes being angry with his wife, Vashti, because she would not come to him when he called her. King Xerxes was so angry, in fact, that he began to look for a new wife.**

Read the story from a Bible you have at home.

VIDEO | Queen Esther

INSTRUCTIONS: Watch this week's video at <https://jcbc.org/jcbc-kids-online/>

DISCUSSION | Bible Story

- **How did King Xerxes go about finding a new wife?**
- **What made Esther stand out from the other girls?**
 - The king really liked Esther, and she was eventually made queen. But there was something Esther didn't share with anyone.
- **What secret was Esther keeping from the king?**
 - But soon, Esther would be faced with a difficult decision. Her cousin, Mordecai, sent word to her about a very sad situation, one that caused him to be so upset, he wept in the city streets.
- **What caused Mordecai to be so sad?**
- **What did he ask Esther to do?**
 - Esther was faced with a very difficult decision. It was against the law for her to go to the king without being called for. She could die for doing so. But not going to the king would mean many, many more would die.

DISCUSSION | Connection Questions

- **Read Esther 4:14. What does this verse mean?**
- **What are some things you can remember from today's Bible story when you face a difficult situation?**
- **Who are people you can turn to when you have difficulty?**
- **How can you help someone who is having difficulty?**



CRAFT | Esther's Crown

Take some time to put together the craft provided. As you put the craft together, talk about how God makes you brave in your life. Ask your kids to think about what it would be like to be in Esther's situation. Next week we'll find out what Esther chose to do. Ask your kids what they think will happen next in the story.

ACTIVITY | Domino Challenge (Optional)

Get together some dominoes or small blocks. Challenge your family to line up as many dominoes as they can without knocking them down. Encourage them to find ways to line them up and keep them up as they work. Then, tell them to knock them over at the end.

- **When we are in difficult situations it can feel like one wrong move can make everything in our lives fall to pieces. When we feel this way, we can remember that God is with us. God helps us make hard decisions and do the right thing! Even when everything in our life feels knocked over, God is there to help us pick up the pieces and take the next step in faith!**

