



# WEEK 2

## AT HOME LESSON



### BIG IDEA

I can trust God.

### THE BIBLE

Joshua and Caleb in the Promised Land:  
Numbers 13:2-14:9; (Matthew 6:25-34)

#### MUSIC | "No Matter How I Feel"

- **INSTRUCTIONS:** Play [this video](#) and encourage the kids to sing along with you.
- It's okay to feel sad, afraid, or angry sometimes. But just like this song says, we can trust God no matter what we might be feeling!
- Sing Some Other Worship Songs Together As a Family

#### STORY | Differing Points of View

- **INSTRUCTIONS:** Tell a story about a time you remembered something in a different way than someone else.
- People don't see the world the same way. We all see the world through a specific point of view or lens.
- Today, we are going to hear a story about how twelve different spies saw things in different ways. We are going to see how trusting God made a difference in what they saw.

#### VIDEO | Epic, Week 2 – Joshua and Caleb in the Promised Land

- **INSTRUCTIONS:** Watch this week's Bible Story video with Pastor Robin and Mr. Harrison.

#### SCRIPTURE | Numbers 13:2-14:9

- **INSTRUCTIONS:** Open your Bibles to Numbers 13 and 14. You can summarize the Bible story in Numbers 13:2-14:9 similar to the following:
- God's people had come to the edge of the land God promised them, which was called Canaan or the Promised Land. Moses picked twelve people, one from each tribe of Israel, to go and spy out the land. "What is the land like? What are the people like? How do they live? Bring back some of the fruit of the land," Moses told them.



- So, the twelve spies went into Canaan to see what the land was like. They gathered up fruit – grapes, pomegranates, and figs – and carried them back to their own people. They stood before Moses and all the people and gave their report.
- “The land is indeed full of fruit,” the spies reported. “It flows with milk and honey.” That means the land was full of all kinds of good things! “But,” the spies continued, “the people are powerful and the cities are strong and large.” Caleb and Joshua spoke up, “We should go and take over the land. We can do it!” But the other spies argued, “No! The people are too powerful! We would surely lose.”
- Caleb and Joshua trusted God. They knew God had promised they would live in this wonderful land and they continued to try to convince the people to trust God and go where they had been sent.

### QUESTION | Things That Worry or Scare Us

- Most of the spies were afraid to move into the Promised Land because they were afraid of the people there. **Have you been afraid of something or someone?**
- Sometimes, we get worried around people who are different from us. **Have you ever been worried around someone just because they were different?**

### BONUS SCRIPTURE | Matthew 6:25-34

- Let’s see what Jesus had to say about trust and worry.
- **INSTRUCTIONS:** *Find Matthew 6:25-34 in your Bible and encourage the kids to do the same. Read it together.*
- **What things do you worry about?**
- **How can you learn to trust God instead of worrying?**

### ACTIVITY | Stomp Out Your Worries

- **INSTRUCTIONS:** *Give each kid a blown up balloon. Pass around a permanent marker and tell them to write something they are worried about on their balloon. Give each person a chance to share their worry, if they want. Say the Big Idea together, then have each kid say, “I can trust God!” as they stomp on their balloon to pop it. Work together to pick up and discard the balloon pieces. For a quieter alternative, ask the kids to write down their worries on an index card, then tear them up while saying the Big Idea together.*
  - **SPECIAL NEEDS HACK:** *If you have kids with limited mobility due to physical disabilities, consider using the quieter alternative provided. Or you can provide bubbles to the kids and have them blow bubbles and watch their worries “pop” as they say, “I can trust God!”*

### DISCUSSION

- **Why were the twelve spies sent to Canaan before the Israelites?**
- **Why was Caleb and Joshua's report so different from the other spies' reports?**
- **Whose reports honored God?**
- **Read Matthew 6:34. What does this verse mean to you?**
- **What is one worry you can trust God with?**
- **Can you think of a time you trusted God with a difficult thing in your life?**



- What can help you remember to trust God?

### **MEMORY VERSE** | 1 Samuel 12:24 (NIV)

- **INSTRUCTIONS:** *Create some motions to help you remember this month's memory verse: "Be sure to fear the Lord and serve Him faithfully with all your heart." 1 Samuel 12:24.*
- Encourage your child to share their motions with Pastor Robin!