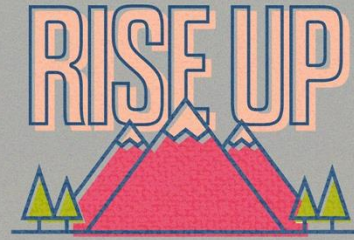




# WEEK 2

ELEMENTARY AT HOME



## THE BIG IDEA

Jesus overcame death

## THE BIBLE

Jesus is Alive!: Mark 16:1-8;  
(Acts 10:34-43)

### MUSIC | Summit Songs

- **INSTRUCTIONS:** Sing some worship songs with your child(ren). Encourage your family to *sing and dance along to fun worship songs to celebrate Jesus, such as, "[Praise the King](#)."*

### QUESTION | What Did Jesus Promise?

- Before Jesus died, Jesus made a promise to the disciples that they quickly forgot when Jesus was arrested and put on the cross.
- **Do you know what that promise was?**
- That's right! Jesus promised to come back to life!

### ACTIVITY | Before Rising Up

- **INSTRUCTIONS:** Before introducing today's Bible story, revisit the crucifixion story from Mark 15. You can use an image of a cross ([like this](#)) on a screen to set the tone. Give each kid a piece of black construction paper and white pastel or chalk marker, and have kids follow along with you as you draw on a chalkboard or dry erase board.
- [Draw a hill on the board and invite kids to do the same.] **Have you ever climbed something really tall before? Or been on a really challenging hike?** Starting at the bottom of something can feel intimidating. We might look up and see so many things that we have to overcome. Before Jesus did the most amazing thing ever, he had to start at the bottom too.
- [Draw a series of arrows from the bottom of the hill to the top.] Jesus had to climb, literally, to the place of the most extreme pain. In his climb to Calvary, or Golgotha,



Jesus would have to overcome every painful challenge and everything was taken from him, including his life.

- Jesus was an innocent person but the religious leaders were angry at the way his life had upset their traditions and belief systems. This is why they wanted Jesus to be arrested. They wanted it so badly that they took matters into their own hands and delivered Jesus to the Pilate.
- Pilate was the judge (or governor) that would decide what to do. He had the power to free one of the prisoners but gave the choice to the people that day.
- Since they had accused him of so many things, the religious leaders didn't think twice about stirring up the crowd to vote to release another prisoner named Barabbas instead of Jesus.
- And then Jesus experienced the lowest place of his life on earth. The whole crowd turned against him (and even one of his closest friends). He was hurt by the hands of the soldiers and experienced so much pain. He was forced to carry a cross to the place where he would suffer so much.
- **Can you imagine being made fun of like that?** And his pain was very real. People could see his suffering and Jesus even called out to God while he was suffering. He wondered if God had deserted him during the climb to calvary.
- *[Draw three crosses at the top of the hill.]* Death was what Jesus experienced at the end of his climb that day.
- **Why did Jesus have to go through all of this? Why did he have to climb that mountain to die?** For me and you. Because what happened after Jesus died would make it possible for him to save us.
- But thankfully, the story doesn't end there, as we celebrated last week. Let's find out what happened next in today's Bible story.

### VIDEO | Rise Up, Jesus Is Alive!

- **INSTRUCTIONS:** *Play this week's teaching video with Pastor Robin!*

### SCRIPTURE | Mark 16:1-8

- **INSTRUCTIONS:** *Review the Bible story from Mark 16:1-8. If possible, gather spices, herbs, essential oils, and aloe on a table.*
- Today's Bible story talks about the day Jesus rose from the grave. Jesus is alive! **Can you say that with me?**
- Three women went to the place where Jesus was buried when the Sabbath was over.
  - **Does anyone know what the Sabbath is?** The Sabbath is a day of rest. The Sabbath ended at sunset (*Show the sunset slide*) on Saturday at around 6 p.m.
- I wonder what spices they brought . . . **Do you think they brought salt and pepper? Maybe some garlic powder or Italian seasoning?** (*Hold up the spices and herbs.*)
  - No, I don't think the tasty spices we put on our food are what they're talking about in this story.



- The spices they brought were most likely a mixture of myrrh and aloes used to cleanse and preserve a body in a tomb (*Put some essential oil and aloe in a small jar to pass around so everyone can smell them.*)
- But when they arrived at the tomb, the stone that served as a door to the front of the tomb was not there!
- When the women went inside the tomb, they saw someone dressed in a white robe sitting inside. That was definitely not what they were expecting!
  - The man told them that Jesus had risen! Jesus was not there! (*Show the empty tomb slide.*)
  - The women were both scared and shocked! The man told them to go tell Jesus' disciples that Jesus was alive!
- We do a lot of fun stuff at Easter like egg hunts, where we get baskets with candy and play fun games, but we have to remember that Easter is about so much more! Easter is all about remembering what Jesus did for us. Jesus died on the cross and rose again from the dead so you and I can have a relationship with God!

### **POLL** | What Would You Feel?

- **Can you imagine being at Jesus' tomb that morning with the women?**
- **INSTRUCTIONS:** Give a few examples of different emotions the women may have felt before, during, and after they were at the tomb (e.g., Sadness, Excitement, Fear, Amazement, Anxiety, Joy, etc.). Ask the kids to vote on which emotions they think they would have felt. The kids can vote for more than one emotion, if they would like.
  - **PRETEEN HACK:** Print out pictures of emojis that might represent each of the emotions listed and tape them on the wall. Have some sticky notes available for the kids. The kids write their name on the post it and stick it on the emoji. This will serve as their vote.
- What an amazing experience that must have been! **How do you feel to know that Jesus overcame death?**

### **BONUS SCRIPTURE** | Acts 10:39-43

- **INSTRUCTIONS:** Read Acts 10:39-43.
- It's pretty amazing to reach a mountaintop. After seeing a view like that, I bet you wouldn't be able to wait to tell everyone what you saw.
- Jesus told everyone to do the same thing — to tell everyone about the great news of Jesus!
- And guess what? We can share the good news about Jesus to everyone, too!
- **Is there someone you want to tell about what Jesus did for you in your life?**
- **Where can you go to tell people about Jesus?**

### **DISCUSSION**

- **Who went to the tomb?**
- **Why did they go to put spices on Jesus' body?**



- What did they see when they got to the tomb?
- Read Acts 10:42. What two things does this verse tell us to do with the message of Jesus?
- Where can you share the message of Jesus?
- What ways can you share the message of Jesus?
- Who do you want to share the message of Jesus with?

### RESPONSE | Prayer Bucket

- **INSTRUCTIONS:** Give each kid a piece of paper and something to write with. Encourage them to think of a friend or family member they want to tell about Jesus. Tell them to write their names on the paper and then place it in the bucket. During the week, pray with your team over the names the kids placed in the bucket.
  - **SPECIAL NEEDS HACK:** Give everyone a chance to share the people they would like to pray for while a leader writes down the names and puts them in a bucket for them.
- Now that you have written that name down, **what can you do about it? How can you tell them about Jesus?**
- Let's all remember to pray for the names that we have written down!

### PRAYER

- Jesus, thank you for what you did on the cross, for giving your life so that we can have a relationship with God! Thank you for overcoming death and giving all of us this good news that we can share with others. Amen.

### MEMORY VERSE | Memory in Motion

- **INSTRUCTIONS:** Divide the kids into small groups. Write out the memory verse where everyone can see it, or give each group a print-out. Encourage each group to come up with motions to the memory verse. Then, ask each group to share their motions with everyone.