





# THE BIG IDEA

## THE BIBLE

We are stronger with Jesus.

Jesus Goes Up to Heaven: Matthew 28:18-20; Acts 1:3-11; (Acts 4:5-12)

### MUSIC | Summit Songs

• **INSTRUCTIONS:** Invite kids to sing and dance along to fun worship songs to celebrate Jesus, such as "<u>What A Beautiful Name</u>".

#### ACTIVITY | Map to Strength

- **INSTRUCTIONS:** Cut a poster board into the shape of a mountain or draw a mountain on the board. Write the word, "STRENGTH" vertically on the left side of the board. Instruct the kids to work together to think of what words come to mind when they think of strength. Make sure they come up with words or phrases that start with letters in the word, "strength" (e.g., Superman, trustworthy, robot, energy, never tired, great, gravity, etc.)
  - **PRETEEN HACK:** Give each preteen a small stack of sticky notes and have them come up with words on their own, and post up as many words as they come up with on the mountain. Stack duplicate words on top of each other and come up with words as a group for any missing letters.
- There are many things we think of when we think of strength. That's because strength can mean many different things.
- Did any of the words mentioned surprise you?

VIDEO | Rise Up, Jesus Goes To Heaven

• **INSTRUCTIONS:** *Play this week's teaching video with Pastor Robin!* 

**RISE UP | WEEK 4 ELEMENTARY AT HOME LESSON** 

#### SCRIPTURE | Matthew 28:19-20; Acts 1:3-11

- **Review the Story:** Today, we are going to talk about the thing God gives us to help us with what's next! You might say, "What does that mean?" Let's find out together!
- **INSTRUCTIONS:** Read Matthew 28:19-20 and Acts 1:3-11. Go over what these passages mean with the kids.
- What tells us to go and do what? That's right! Make disciples!
- What is a disciple? A disciple is a follower or a student. In this case, we're talking about a follower and student of Jesus!
- So, how do you make a disciple? The passage tells us first to baptize them.
  - What does it mean to baptize someone? Baptism is something people do to show what they believe about Jesus. It's a sign of a new life through Jesus!
  - That means a disciple isn't afraid to let everyone know that they are choosing to follow Jesus in their life.
- That's not all that goes into disciple making, though. The passage also tells us to teach.
  - What does it mean to teach something? To teach means you tell someone something they don't already know.
- Do any of you feel like you're ready to go make disciples out of other people?
- In today's Bible passage, Jesus says that we will get the power to do that. **Do you** remember what (or who) will help us make disciples?
  - Even though Jesus went back up to heaven, he promised to send a Helper who will be with us to do what God wants us to do. That Helper is the Holy Spirit. The Holy Spirit gives us the power and strength to tell others about Jesus.
- We might not be able to see Jesus right now, but Jesus promised us that he would always be with us wherever we go.

#### **BONUS SCRIPTURE** | Acts 4:5-12

- **INSTRUCTIONS:** Read Acts 4:5-12 or ask for a kid volunteer to read the passage out loud.
- Peter and John healed someone and the religious rulers didn't like that very much.
- The rulers accused Peter and John of wrongdoing and asked them how they healed the man since they didn't have any special power on their own.
- Where did their power and strength come from?
- They made it clear to everyone that their strength came from Jesus!

#### DISCUSSION

- Where was Jesus going? Why?
- What did Jesus tell us to go and do?
- Who did Jesus say he was going to send to help the disciples?
- Read Acts 1:8. What was going to happen once people received the Holy Spirit?
- What are some strengths Jesus has given you?
- What is something you didn't think you could do before, but now you can trust Jesus to give you strength to do?

**RISE UP | WEEK 4 ELEMENTARY AT HOME LESSON** 

• How can we go and make disciples like Jesus told us to do?

#### **RESPONSE** | Source of Strength

- **INSTRUCTIONS:** Use the fake campfire from last week. Dim the lights. Ask these questions to get the kids thinking about how they can apply the Big Idea to their life this week.
  - **SPECIAL NEEDS HACK:** If you dim the lights have a few flashlights shining toward the speakers so lips can be read or signs can be viewed clearly.
- Jesus is the source of our strength in everything we do!
- What do you need Jesus to give you strength to do this week?
- What is something you didn't think you could do before, but now you can trust Jesus to give you strength to do?

#### ACTIVITY | Spot the Strength

- **INSTRUCTIONS**: Give each kid a piece of construction paper and encourage them to decorate it with markers, crayons, or colored pencils. Give each kid a paper or styrofoam cup with the bottom cut out of it. Roll the construction paper up to fit inside the bottom of the cup. Attach the construction paper to the cup with masking tape. Give each kid a piece of clear cellophane wrap. With a permanent marker, write "JESUS" on the wrap. Place the wrap over the end of the cup with "JESUS" facing in. Put a rubber band around the end of the cup to hold the cellophane in place. When you look through the telescope, you will see "JESUS."
  - **SPECIAL NEEDS HACKS:** Have a few worked examples and fully assembled ones that just need to be decorated for those that don't have the dexterity to complete them within the time allotted for your group.
- Notice how when you look through the telescope, Jesus is everywhere you look! Jesus is always with us. When you don't feel like you have the strength, remember you can always look to Jesus to give you strength! We are stronger with Jesus.

#### PRAYER

• Dear Jesus, give us strength to do what you have asked us to do in our lives, especially when things are difficult. Remind us that you are always with us and we are stronger that we know because of that. We love you! Amen.

#### MEMORY VERSE | Memory on Display

• **INSTRUCTIONS:** Tell the groups to practice a few times the motions and tune they came up with from the previous weeks. Then, bring everyone together to perform their song and hand motions!